

# Empowered Minds – Empowered Lives

Thursday February 24th, 2022 7-9pm

Academic & Work Stress, Anxiety & Depression, Food & Financial Insecurity, Vaping, Drugs & Alcohol, Dating, Social Media, COVID-19 Impacts & Support, Many other Pertinent Topics

Register Now

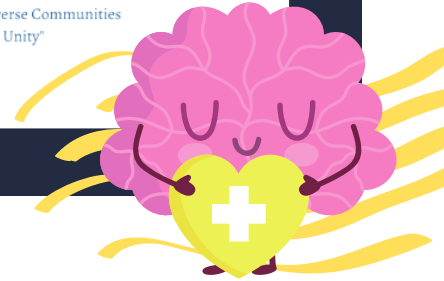


Mental Health Committee

Broward County Council  
**PTA / PTSA**

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"Building Strong Diverse Communities  
Through Unity"



## Sponsored By



Moderator  
**Joel Smith**  
Executive Director,  
Deerfield Beach  
Community Cares



School Board  
Greetings  
**Sarah Leonardi**  
School Board Member,  
District 3

## Meet the Panel



**Manny Mendez**  
Founder,  
For Reel Recovery



**Dr. Harleen  
Hutchinson**  
Executive Director,  
The Journey Institute



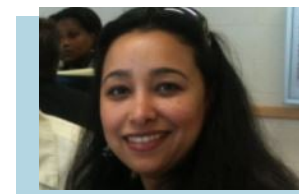
**Dr. Celine  
Hamilton**  
Child and Adolescent  
Psychiatry, Joe DiMaggio



**Alina Shaw**  
Prevention Coordinator,  
Memorial Health Care  
Services



**Souborney Barnes**  
Youth Director,  
SunServe



**Cynthia Tapia-  
Rodriguez**  
Prevention Counselor,  
BCPS



For more information on Town Halls or BCCPTA Mental Health Committee contact our Chair, Laura Howard: [mentalhealth@browardptsa.org](mailto:mentalhealth@browardptsa.org)

**7 - 7:30PM RESOURCE FAIR / 7:30 - 9PM Q & A WITH THE PANEL**